Services & Events

Services

Blood Pressure Clinic ♦ Jan 19 ♦ Feb 16 ♦ Mar 16 Courtesy of Amica at Bearbrook

Foot Care Clinic ♦ Jan 4 & 18 ♦ Feb 1 &15 ♦ Mar 1 & 15 & 29 Offered by Tired Sole Clinic RSVP

Hearing Clinic ♦ Jan 25 ♦ Mar 22 Courtesy of Kowalski Hearing Clinic

Intergenerational Alzheimer's Program

Gloucester Senior Adults' Centre volunteers team up with Lester B. Pearson students and Extendicare Laurier Manor staff to offer a monthly activity for people living with dementia. This inspiring program collaborates the wisdom, age and youthfulness of approximately 20 volunteers and creates an atmosphere of culture, time, memories and laughter.

Want to join us?
The program is scheduled Tuesday from 2 to 3pm.
Feb 28, Mar 21, Apr 25, May 30

We are REBRANDING!! We have been working with XACTLY Design on our new look and feel.
Watch for the official kick off festivities!

Gloucester Songsters' Fall 20 Schedule

New members welcome!
Inquire at Reception or call (613) 749-1974

Jan 9, 16, 23	Practice GSAC	1:00 pm
Jan 30	Ogilvie Villa	2:00 pm
Feb 6	Moments Manor	2:00 pm
Feb 13	Queenswood Villa	2:00 pm
Feb 27	Promenade Alavida	2:00 pm
Mar 6	Blackburn Lodge	2:00 pm
Mar 13	Laurier Manor	2:00 pm
Mar 20	Portabello Manor	2:00 pm
Mar 27	Beacon Heights	2:00 pm
Apr 3	Blackburn Lodge	2:00 pm
Apr 10	Maplewood Retirement	2:00 pm
April 24	Ogilvie Villa	2:00 pm
May 1	TBA	
May 8	Windsor Park Manor	2:00 pm
May 15	Governor's Walk	2:15 pm

Chinese New Year Thursday February 2. Come celebrate the Year of the Rooster! Michelle will stir fry up a feast of Asian delights. $10.00

St. Valentine's Day Thursday February 9. Enjoy a roast beef meal, completed by a decadent Chocolate Cheese Cake. Enjoy your coffee/tea with The Ladies of the Day Choir entertain you with love songs and fun! $11.00

St. Patrick's Day March 16. Irish Stew and lots of bread to enjoy every drop. Followed by a traditional Irish Bread Pudding. $10.00

Date to be determined. Rebrand Kickoff!!

Ottawa Valley Tours
MOTORCOACH HOLIDAYS

We are committed to offering OVT to our members. If we have 10 or more people participating in the trips we promote, OVT will pick up and drop off at GSAC. Did you know that if you book a trip with OVT directly, indicate that you are a GSAC member and provide us with the receipt and GSAC will receive 5% of the trip cost. Watch the centre for promoted destinations.